PROTECT THE UB COMMUNITY—AND YOURSELF

WASH YOUR HANDS

1. Wet your hands with clean running water and apply soap.
2. Lather all over, including the backs of your hands, between your fingers and under your nails.
3. Scrub for at least 20 seconds.
4. Rinse well under clean running water.
5. Dry with a clean paper towel or air-dry.

WASHING YOUR HANDS IS ONE OF THE MOST EFFECTIVE WAYS TO REDUCE THE RISK OF SPREADING DISEASE.

For detailed guidance and updates, visit buffalo.edu/coronavirus.

Together, we are stopping the spread.